

# Chaos To Clarity



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**C**haos in life is as essential as clarity! They are as good as cloud and rain. Both are like twins, standing by each other through thick and thin. They cooperate rather compete, unlike human beings. Can they separate like modern day life-partners? Or we better learn to accept

them as integral parts of Reality—two sides of the same coin? Don't we, as society remain rather obsessed with the solution? Do we realise the fact that the need for any solution would not arise if there were no problems? Problems are real. But, so are the possibilities to resolve them. Every society in the world faces challenges. That only shows that the society is a living institution and is in the process of evolving. Does the same thing not apply to us as individual members of society? Society, as we know is a web of relationships that can be understood better as a time sequence; it is more a process of becoming, not a being. In the face of calamities and chaos, we often lose our cool and slip into the depression mode. Today, depression over the globe is a new mode of oppression, promoting anger, anxiety and alcoholism. We need to come out of the denial mode and accept that as long as we live, there is bound to be chaos and confusion. In fact, confusion often graduates into chaos, if ignored for long.

I am reminded of the time when I stayed in Delhi, struggling hard to survive. This story dates back to the years 1992-1994. Those were perhaps the halcyon days; everything about life was so vague and hazy! The day would often begin with excitement and curiosity to demystify life. We were a gang of 07—all fresh graduates, having high ambitions but lacking clarity about the future. We were all passionate about getting jobs; that was the pressing need for each one of us. Today, many of those friends are journalists and authors of some repute. They may not remember now that we lived in a state of confusion and chaos. But those were the most productive years. We were compelled to forget many of the definitions and principles that we had got by heart as day scholars. What we learned was not the part of any curriculum. We discovered some places like ISKCON temples where we all could eat nutritious food free and thus avoid cooking. We had confidence enough to negotiate with strangers. It was fun to attend grand marriage parties on a routine basis. Our confidence grew manifold. It was a fulfilling experience to master survival skills in society, which played key role in broadening our vision.

It is imperative to keep the hope alive, especially when we are faced with hostilities and hardship. That would be the time when we tend to lose sanity and our sagacity. Such situations arise in life only to prepare us for new roles and responsibilities. We need to hold on so as to move on. We can accomplish new task only by embracing a new mindset. Experiencing chaos is fundamental to understanding the value of clarity. A life marked by chaos and confusion often paves the way for living life large!